



Halbmarathon

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Ergebnisse Männer

inoffiziell

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
1	1740	Johnstone, Nikki	84	GER	Art Düsseldorf/-	M30	1	1	0:16:59	0:34:07	0:52:12	<b>1:10:13</b>	1:10:14	03:19
2	1294	Emmerichs, Christian	87	GER	USC Bochum/Bochum	M30	2	2	0:19:57	0:39:44	0:59:52	<b>1:19:18</b>	1:19:21	03:45
3	1405	Pelgrim, Marcel	77	GER	Team Bergblut - Loikum/Hamminkeln	M40	1	3	0:19:48	0:39:37	0:59:44	<b>1:19:24</b>	1:19:27	03:45
4	1342	Buthe, Philipp	87	GER	-/Köln	M30	3	4	0:20:33	0:40:57	1:01:38	<b>1:21:31</b>	1:21:35	03:51
5	1415	Majewski, Tobias	95	GER	BV Garrel/Garrel	MHK	1	5	0:20:53	0:41:07	1:01:47	<b>1:22:04</b>	1:22:06	03:53
6	1373	Peters, Michael	79	GER	Laufjunkies/Duisburg	M35	1	7	0:20:26	0:40:34	1:01:23	<b>1:22:23</b>	1:22:25	03:54
7	1173	Smyk, Martin	81	GER	-/Mülheim An Der Ruhr	M35	2	8	0:20:31	0:40:58	1:01:38	<b>1:22:47</b>	1:22:50	03:55
8	1241	Semmler, Michael	66	GER	Running Team Grafenberg/Düsseldorf	M50	1	9	0:20:30	0:40:50	1:01:40	<b>1:22:55</b>	1:22:57	03:55
9	1276	Besok, Burak	89	GER	Ayyo Team Essen e.V./Dortmund	MHK	2	10	0:20:52	0:41:33	1:02:30	<b>1:23:15</b>	1:23:19	03:56
10	1243	Schulte-Werflinghoff, Christo	83	GER	GSV Geldern 09/34/Kerken	M30	4	11	0:20:52	0:41:33	1:02:32	<b>1:23:16</b>	1:23:19	03:56
11	1863	Groß, Christian	82	GER	DJK Gütersloh/-	M35	3	12	0:21:13	0:41:56	1:02:46	<b>1:23:35</b>	1:23:39	03:57
12	1757	Hoppenberg, Pascal	85	GER	Tusem Essen/-	M30	5	14	0:20:21	0:40:48	1:02:52	<b>1:25:39</b>	1:25:41	04:03
13	1380	Pylypshyn, Dmytro	82	UKR	NBToprunners/Bucha	M35	4	15	0:21:57	0:43:17	1:04:44	<b>1:25:42</b>	1:25:45	04:03
14	1138	Fiekers, Stefan	80	GER	DJK Kleinenbroich/Korschenbroich	M35	5	17	0:21:25	0:42:45	1:04:26	<b>1:25:53</b>	1:25:59	04:04
15	1760	Engel, Martin	68	GER	Tusem Essen/-	M45	1	18	0:21:31	0:43:04	1:04:42	<b>1:26:14</b>	1:26:17	04:05
16	1749	Ghazi, Khalid	68	GER	Nunatuti Herne/-	M45	2	19	0:21:28	0:43:02	1:04:46	<b>1:26:18</b>	1:26:20	04:05
17	1353	Ingenbleek, Johannes	61	GER	SV Viktoria Goch/Uedem	M55	1	20	0:21:41	0:43:17	1:05:03	<b>1:26:21</b>	1:26:25	04:05
18	1197	Grohmann, Niels	87	GER	Ausdauerschule by bunert/Duisburg	M30	6	21	0:21:30	0:43:14	1:04:57	<b>1:26:28</b>	1:26:38	04:05
19	1288	Nauy, Siegfried	85	GER	Lauf Team Unna/Unna	M30	7	22	0:21:42	0:43:20	1:05:03	<b>1:26:29</b>	1:26:36	04:05
20	1115	Neuhaus, Jens	85	GER	-/Wuppertal	M30	8	23	0:21:35	0:43:22	1:05:08	<b>1:26:43</b>	1:26:47	04:06
21	1757	Schneider, Christoph	57	GER	-/-	M60	1	24	0:21:25	0:42:53	1:04:57	<b>1:26:47</b>	1:26:52	04:06
22	1741	Weigang, Frank	66	GER	Tusem Essen/-	M50	2	25	0:21:58	0:43:46	1:05:27	<b>1:27:12</b>	1:27:14	04:07
23	1048	Emmendörfer, Janik	93	GER	Marathon Mülheim/Mülheim an der Ruhr	MHK	3	26	0:21:05	0:42:36	1:04:28	<b>1:27:20</b>	1:27:22	04:08
24	1099	Batey, Martin	83	ENG	-/Düsseldorf	M30	9	27	0:21:26	0:43:00	1:05:09	<b>1:27:40</b>	1:27:50	04:09
25	1270	Tuttmann, Ludger	69	GER	-/Marl	M45	3	28	0:21:31	0:43:07	1:05:25	<b>1:27:50</b>	1:27:54	04:09
26	1441	Chu, Bin	90	CHN	USC Bochum/-	MHK	4	29	0:21:44	0:43:45	1:05:49	<b>1:27:51</b>	1:27:55	04:09
27	1397	Ballnus, Stefan	77	GER	-/Essen	M40	2	30	0:21:15	0:42:30	1:04:28	<b>1:27:53</b>	1:27:57	04:09
28	1259	Metzger, Michael	86	GER	-/Frankfurt	M30	10	31	0:21:58	0:43:56	1:06:12	<b>1:28:06</b>	1:28:11	04:10
29	1864	Thamm, Hilmar	73	GER	Thammis 07/-	M40	3	32	0:21:56	0:43:58	1:06:18	<b>1:28:06</b>	1:28:09	04:10
30	1133	Kranauge, Thomas	69	GER	Helios Iron Team/Wuppertal	M45	4	33	0:22:09	0:43:53	1:06:12	<b>1:28:09</b>	1:28:15	04:10
31	1212	Tempesta, Michael	83	GER	AS Neukirchen-Vluyn/Neukirchen-Vluyn	M30	11	34	0:21:41	0:43:51	1:06:23	<b>1:29:00</b>	1:29:07	04:13
32	1929	Sahling, Heino	66	GER	-/-	M50	3	35	0:21:58	0:44:06	1:06:33	<b>1:29:00</b>	1:29:03	04:13
33	1772	Webelsiep, Jan	85	GER	-/-	M30	12	36	0:22:09	0:44:57	1:07:38	<b>1:29:29</b>	1:29:38	04:14
34	1845	Gülke, Thomas	78	GER	Ausdauerschule by bunert/Velbert	M35	6	37	0:21:13	0:41:53	1:03:41	<b>1:29:34</b>	1:29:45	04:14
35	1291	Hofmann, Hans-Peter	67	GER	-/Otterfing	M50	4	38	0:22:29	0:45:04	1:07:43	<b>1:29:41</b>	1:29:47	04:15
36	1025	Schmiing, Reinhard	68	GER	LSF Münster/Nottuln	M45	5	39	0:22:11	0:44:00	1:06:50	<b>1:30:02</b>	1:30:07	04:16
37	1058	Hofmann, Jörg	67	GER	-/Krefeld	M50	5	40	0:22:27	0:45:04	1:07:52	<b>1:30:08</b>	1:30:13	04:16
38	1177	Blum, Volker	86	GER	-/Düsseldorf	M30	13	41	0:21:39	0:43:35	1:06:33	<b>1:30:17</b>	1:30:23	04:16
39	1773	Zimmerman, Holger	68	GER	-/-	M45	6	42	0:21:56	0:44:19	1:07:40	<b>1:30:43</b>	1:30:48	04:17
40	1407	Lang, Udo	65	GER	Kaarst/Kaarst	M50	6	43	0:22:01	0:44:34	1:08:06	<b>1:31:49</b>	1:31:53	04:21
41		Schirmer, Rüdiger	65	GER	TuS 08 Lintorf/-	M50	7	44	0:21:37	0:44:02	1:07:42	<b>1:32:06</b>	1:32:08	04:21
42	1440	Prill, Manuel	89	GER	-/-	MHK	5	45	0:23:14	0:46:26	1:09:36	<b>1:32:36</b>	1:32:48	04:23
43	1867	Krebs, Werner	62	GER	DJK VfR Mülheim Saarn/-	M55	2	46	0:22:49	1:32:45	1:09:27	<b>1:32:45</b>	1:32:56	04:23
44	1135	Rodríguez Esteban, Dr. Raul	78	ESP	-/Basel	M35	7	47	0:22:57	0:46:15	1:09:51	<b>1:32:53</b>	1:32:57	04:24
45	1302	Andreadakis, Dr. Eddy	72	BEL	Les Amis Joggeurs/Hornu	M45	7	48	0:23:14	0:46:18	1:09:39	<b>1:33:15</b>	1:33:32	04:25
46	1320	Clausing, Andreas	60	GER	LSF Münster/Münster	M55	3	49	0:23:00	0:46:25	1:09:59	<b>1:33:17</b>	1:33:23	04:25
47	1933	Henning, Marcel	81	GER	SF Ennepetal/-	M35	8	50	0:23:51	0:47:16	1:10:34	<b>1:33:17</b>	1:33:49	04:25



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
48	1750	Lisson, Roger	76	GER	LC Duisburg/-	M40	4	51	0:23:02	0:46:01	1:09:26	<b>1:33:21</b>	1:33:25	04:25
49	1244	Leite, Marcel	95	GER	-/Essen	MHK	6	52	0:23:13	0:46:27	1:09:34	<b>1:33:23</b>	1:33:34	04:25
50	1185	Ishida, Masafumi	74	JPN	team 2 in 1/Düsseldorf	M40	5	53	0:23:48	0:47:26	1:11:12	<b>1:33:28</b>	1:33:37	04:25
51	1846	Schneider, Ralf	67	GER	Lauffreunde HADI Wesel/-	M50	8	54	0:22:47	0:46:13	1:09:52	<b>1:33:30</b>	1:33:34	04:25
52	1758	Weber, Frank	71	GER	Ayyo Team Essen e.V./-	M45	8	55	0:23:22	0:46:43	1:10:31	<b>1:33:38</b>	1:33:48	04:26
53	1391	Wirz, Stephan	84	GER	LT Friedrichsberg/Wuppertal	M30	14	57	0:24:00	0:47:33	1:11:30	<b>1:33:43</b>	1:34:17	04:26
54	1433	Philippe, Sébastien	74	FRA	Ultra Sports/Mettmann	M40	6	58	0:23:15	0:46:30	1:10:25	<b>1:33:46</b>	1:34:02	04:26
55	1343	Meier, Timo	89	GER	-/Essen	MHK	7	59	0:23:01	0:45:49	1:09:23	<b>1:33:52</b>	1:34:10	04:26
56	1759	Schmelzer, Kevin	90	GER	LG Alpen/-	MHK	8	61	0:23:19	0:46:35	1:10:30	<b>1:33:56</b>	1:34:07	04:27
57	1406	Welten, Michael	60	GER	LT MG-Volksgarten/Mönchengladbach	M55	4	62	0:22:59	0:46:08	1:10:03	<b>1:33:57</b>	1:34:02	04:27
58	1848	Vogt, Michael	69	GER	Ruhr-Universität Bochum/-	M45	9	63	0:23:24	0:46:46	1:10:57	<b>1:34:07</b>	1:34:17	04:27
59	1488	Kungel, Philip	81	GER	Feuerwehr Verein Essen/-	M35	9	64	0:23:52	0:47:24	1:11:18	<b>1:34:16</b>	1:34:25	04:28
60	1272	Radis, Wolfgang	68	GER	-/Witten	M45	10	65	0:23:19	0:46:52	1:10:46	<b>1:34:19</b>	1:34:48	04:28
61	1208	Goeke, Dr. Martin	82	GER	Ausdauerschule by bunert/Oberhausen	M35	10	66	0:23:53	0:47:26	1:11:19	<b>1:34:28</b>	1:34:36	04:28
62	1030	Schmidt, Marcel	83	GER	BSG Sparkasse Essen/Oberhausen	M30	15	67	0:23:09	0:46:07	1:09:59	<b>1:34:29</b>	1:34:44	04:28
63	1285	Bergerhoff, Stefan	74	GER	Ausdauerschule by bunert/Oberhausen	M40	7	68	0:23:54	0:47:25	1:11:18	<b>1:34:31</b>	1:34:41	04:28
64	1101	Vockel, Dr. Thomas	74	GER	-/Essen	M40	8	69	0:23:06	0:46:39	1:10:47	<b>1:34:36</b>	1:34:58	04:29
65	1047	Goeritz, Klas	83	GER	-/Essen	M30	16	70	0:22:48	0:45:53	1:09:56	<b>1:34:44</b>	1:34:56	04:29
66	1396	Driussi, Jose Luis	61	ARG	TuS Gildehaus/Bad bentheim	M55	5	71	0:24:17	0:47:41	1:11:28	<b>1:34:46</b>	1:35:34	04:29
67	1350	Bell, Ralf	63	GER	Triathlon Mülheim/Mülheim	M50	9	73	0:22:00	0:44:38	1:08:21	<b>1:35:06</b>	1:35:08	04:30
68	1189	Orosz, Dr. Robert	73	GER	-/Krefeld	M40	9	74	0:23:23	0:46:59	1:11:08	<b>1:35:12</b>	1:35:22	04:30
69	1317	Gunsenheimer, Dr. Uwe	64	GER	-/Düsseldorf	M50	10	75	0:23:41	0:47:11	1:11:15	<b>1:35:18</b>	1:35:38	04:31
70	1360	Klenovsek, Sascha	74	GER	-/Rheurt	M40	10	76	0:23:54	0:47:18	1:11:46	<b>1:35:18</b>	1:35:35	04:31
71	1372	Müller, Andreas	62	GER	AS Neukirchen-Vluyn/Neukirchen - Vluyn	M55	6	77	0:23:55	0:47:27	1:11:46	<b>1:35:23</b>	1:35:39	04:31
72	1323	Schillings, Hubert	62	GER	FC Straberg/Dormagen	M55	7	78	0:23:31	0:46:56	1:10:49	<b>1:35:24</b>	1:35:31	04:31
73	1307	Wüst, Peter	62	GER	Essener Leichtathletik Verein 1983 e.V./Es	M55	8	79	0:21:49	1:35:26	1:10:24	<b>1:35:26</b>	1:35:29	04:31
74	1238	Klomfaß, Thomas	71	GER	BSG Sparkasse Essen/Essen	M45	11	80	0:23:43	0:47:27	1:11:42	<b>1:35:41</b>	1:36:21	04:32
75	1176	Mallmann, Marcus	71	GER	LT-Stoppenberg e.V./Essen	M45	12	81	0:23:29	0:46:56	1:11:09	<b>1:35:56</b>	1:36:05	04:32
76	1165	Büchner, Christian	76	GER	VFL Herzlake/Duisburg	M40	11	82	0:24:57	0:48:58	1:12:43	<b>1:35:58</b>	1:36:12	04:32
77	1125	Wurster, Hendrik	77	GER	-/Düsseldorf	M40	12	83	0:23:46	0:47:12	1:11:27	<b>1:35:59</b>	1:36:36	04:32
78	1851	Lössner, Ralph	72	GER	TuS 08 Lintorf/-	M45	13	84	0:24:15	0:48:32	1:12:36	<b>1:36:13</b>	1:36:20	04:33
79	1002	Runte, Runte	61	GER	-/	M55	9	85	0:23:25	0:47:08	1:12:24	<b>1:36:15</b>	1:36:22	04:33
80	1033	Zindler, Markus	69	GER	-/Düsseldorf	M45	14	86	0:23:54	0:47:59	1:12:34	<b>1:36:23</b>	1:36:29	04:34
81	1072	Mahlke, Paul	88	GER	-/Düsseldorf	MHK	9	88	0:24:47	0:49:28	1:14:04	<b>1:36:32</b>	1:36:55	04:34
82	1026	Ulbrich, Dr. Philipp	74	GER	1:30-Challenge/Essen	M40	13	89	0:23:24	0:47:01	1:11:36	<b>1:36:40</b>	1:36:52	04:34
83	1233	Krause, Frank	60	GER	LGO Bochum/Bochum	M55	10	90	0:24:10	0:48:13	1:12:31	<b>1:36:54</b>	1:37:02	04:35
84	1359	Siska, Georg	62	GER	WSV Schermbeck/Schermbeck	M55	11	91	0:23:20	0:47:12	1:12:09	<b>1:37:04</b>	1:37:08	04:36
85	1275	Sommer, Stefan	63	GER	-/Dortmund	M50	11	92	0:23:14	0:47:05	1:12:00	<b>1:37:11</b>	1:37:19	04:36
86	1003	Höveler, Christian	74	GER	-/	M40	14	93	0:24:16	0:48:09	1:12:27	<b>1:37:12</b>	1:37:27	04:36
87	1321	Krüger, Dirk	74	GER	Freie Schwimmer Düsseldorf/Erkelenz	M40	15	94	0:24:15	0:48:13	1:12:28	<b>1:37:14</b>	1:37:33	04:36
88	1148	Heiken, Christian	81	GER	-/Dortmund	M35	11	95	0:24:56	0:49:07	1:13:23	<b>1:37:21</b>	1:37:38	04:36
89	1255	Pugliese, Michele	49	GER	LC Rapid Dortmund/Dortmund	M65	1	96	0:24:03	0:48:05	1:12:46	<b>1:37:25</b>	1:37:34	04:37
90	1199	Krause, Sebastian	88	GER	-/Essen	MHK	10	97	0:23:50	0:47:52	1:12:34	<b>1:37:30</b>	1:37:43	04:37
91	1743	Zoch, Roger	58	GER	SG Welper/-	M55	12	99	0:22:51	0:46:21	1:11:25	<b>1:38:02</b>	1:38:11	04:38
92	1065	Küpper, Philip	74	GER	Xhosaland/Oberursel	M40	16	100	0:23:27	0:47:05	1:13:05	<b>1:38:13</b>	1:38:19	04:39
93	1389	Klein, Hubertus	53	GER	LG Olympia Dortmund/Dortmund	M60	2	102	0:23:59	0:48:24	1:13:37	<b>1:38:34</b>	1:38:44	04:40
94	1356	Grapenthin, Simon	83	GER	-/Essen	M30	17	103	0:24:49	0:49:23	1:14:09	<b>1:38:38</b>	1:38:56	04:40



Halbmarathon

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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
95	1768	Schlichting, André	71	GER	-/-	M45	15	104	0:25:05	0:49:47	1:14:37	<b>1:38:39</b>	1:38:45	04:40
96	1054	Lindfors, Dr. Erno	79	FIN	LifeGlimmer GmbH/Berlin	M35	12	105	0:24:32	0:49:10	1:14:25	<b>1:38:39</b>	1:38:47	04:40
97	1283	Kohlhoff, Rodion	67	GER	-/Essen	M50	12	106	0:24:52	0:49:24	1:14:07	<b>1:38:41</b>	1:39:00	04:40
98	1421	Lenz, Joachim	60	GER	USC Bochum/Bochum	M55	13	107	0:23:10	0:46:53	1:11:46	<b>1:38:41</b>	1:38:57	04:40
99	1191	Block, Sven	74	GER	LGO Bochum/Hattingen	M40	17	109	0:23:10	0:46:48	1:14:37	<b>1:38:44</b>	1:38:51	04:40
100	1009	Middendorp, Jens	82	GER	-/Essen	M35	13	110	0:24:28	0:49:19	1:14:15	<b>1:38:46</b>	1:39:07	04:40
101	1755	Groß, Bernd	70	GER	-/-	M45	16	111	0:24:48	0:49:23	1:14:16	<b>1:38:49</b>	1:39:09	04:40
102	1071	Braun, Dr. Florian	83	GER	-/Düsseldorf	M30	18	112	0:24:48	0:49:28	1:14:05	<b>1:38:54</b>	1:39:17	04:41
103	1765	Gehrke, Klaus	66	GER	Team Walburga/-	M50	13	113	0:23:29	0:47:48	1:13:08	<b>1:38:55</b>	1:38:59	04:41
104	1261	Eckstein, Stefan	66	GER	www.EPStiftung.org/Düsseldorf	M50	14	114	0:25:15	0:50:04	1:14:46	<b>1:39:05</b>	1:39:15	04:41
105	1747	Cramer, Christian	66	GER	LC Euskirchen/-	M50	15	115	0:24:51	0:49:42	1:14:47	<b>1:39:10</b>	1:39:27	04:42
106	1746	Grütjin, Joachim	61	GER	VFL Kommern/-	M55	14	116	0:24:51	0:49:43	1:14:48	<b>1:39:11</b>	1:39:27	04:42
107	1431	Karczewski, Stephan	60	GER	Wiesbaden/Wiesbaden	M55	15	117	0:24:49	0:49:24	1:14:22	<b>1:39:14</b>	1:39:33	04:42
108	1236	Pfister, Paul	92	GER	-/Bonn	MHK	11	118	0:24:38	0:49:24	1:14:55	<b>1:39:21</b>	1:40:12	04:42
109	1284	Brandl, Tim	91	GER	-/Essen	MHK	12	119	0:25:05	0:50:06	1:15:52	<b>1:39:23</b>	1:40:14	04:42
110	1328	Weiß, André	69	GER	OTV Endurance Team/Oberhausen	M45	17	120	0:24:49	0:49:22	1:14:17	<b>1:39:26</b>	1:39:44	04:42
111	1254	Winkelmann, Dirk	55	GER	TSV Viktoria Mülheim/Mülheim	M60	3	121	0:24:56	0:49:29	1:14:24	<b>1:39:29</b>	1:39:39	04:42
112	1426	Mathar, Tobias	83	GER	WSKKAL/Kreuzau	M30	19	122	0:23:20	0:46:50	1:11:51	<b>1:39:48</b>	1:39:55	04:43
113	1237	Brandl, Lukas	93	GER	-/Essen	MHK	13	123	0:24:40	0:49:26	1:14:56	<b>1:40:22</b>	1:41:12	04:45
114	1329	Lee, Chun Chiu	95	HKG	-/Bochum	MHK	14	124	0:23:21	0:47:18	1:13:19	<b>1:40:23</b>	1:40:35	04:45
115	1298	Strehlke, Reiner	55	GER	TV Uffort-Eick/Moers	M60	4	125	0:24:58	0:49:49	1:15:21	<b>1:40:36</b>	1:40:47	04:46
116	1409	Grabowski, Bert	60	GER	LT Friedrichsberg/Wuppertal	M55	16	126	0:24:50	0:49:47	1:15:24	<b>1:40:41</b>	1:41:16	04:46
117	1849	Hypki, Alfredo	63	GER	LGO Bochum/-	M50	16	128	0:24:28	0:49:20	1:15:06	<b>1:40:47</b>	1:40:55	04:46
118	1419	Wierum, H-DIETER	51	GER	LC Solbad Ravensberg/Bielefeld	M65	2	129	0:24:36	0:49:37	1:15:23	<b>1:40:49</b>	1:40:54	04:46
119	1045	Adelung, Wolfgang	86	GER	-/Bochum	M30	20	130	0:26:25	0:51:37	1:16:33	<b>1:40:53</b>	1:41:14	04:46
120	1313	Mitschke, Stephan	70	GER	-/Oberhausen	M45	18	131	0:23:52	0:48:59	1:14:27	<b>1:40:54</b>	1:41:08	04:46
121	1028	Hebeler, Andreas	72	GER	-/Essen	M45	19	132	0:24:50	0:49:27	1:14:54	<b>1:41:02</b>	1:41:19	04:47
122	1098	Pingsten, Dr. Stefan	67	GER	Pingsten Runners/Geldern	M50	17	133	0:25:28	0:50:28	1:15:43	<b>1:41:08</b>	1:41:36	04:47
123	1780	Althaus, Frank	60	GER	SV Blau Weiß Bochum Tri/-	M55	17	135	0:25:04	0:50:22	1:16:08	<b>1:41:14</b>	1:41:26	04:47
124	1866	Stodt, Marius	84	GER	-/-	M30	21	136	0:24:49	0:49:20	1:14:24	<b>1:41:18</b>	1:41:40	04:48
125	1110	Reinert, Andreas	71	GER	-/Witten	M45	20	137	0:25:53	0:51:26	1:17:13	<b>1:41:23</b>	1:41:45	04:48
126	1934	Knepper, Michael		GER	Marathon Mülheim/-			138	0:25:25	0:51:06	1:16:30	<b>1:41:27</b>	1:42:11	04:48
126	1404	Michael, Knepper	63	GER	Marathon Mülheim/Mülheim	M50	18	138	0:25:25	0:51:06	1:16:30	<b>1:41:27</b>	1:42:11	04:48
128	1108	Neurath, Hubert	63	GER	Hupfdolen/Mettmann	M50	19	140	0:25:20	0:50:23	1:15:50	<b>1:41:33</b>	1:42:04	04:48
129	1170	Frantzen, Martin	70	GER	-/Beckum	M45	21	141	0:25:16	0:50:33	1:16:26	<b>1:41:35</b>	1:41:54	04:48
130	1325	Kruczek, Patrick	89	GER	Wolf-Gang/Bochum	MHK	15	142	0:25:51	0:51:59	1:17:25	<b>1:41:39</b>	1:41:51	04:49
131	1203	Gösmann, Wolfgang	58	GER	TUS Ickern/Castrop-Rauxel	M55	18	143	0:24:34	0:49:34	1:15:21	<b>1:41:40</b>	1:41:48	04:49
132	1388	Trümper, Karl Walter	39	GER	LC Rapid Dortmund/Dortmund	M75	1	144	0:26:02	0:51:50	1:17:38	<b>1:41:44</b>	1:41:55	04:49
133	1774	Vollmer, Lars	72	GER	WAT-Läufer/-	M45	22	145	0:25:46	0:51:22	1:16:50	<b>1:41:45</b>	1:42:08	04:49
134	1398	Graeber, Jürgen	47	GER	LAC Langenhagen/Kamen	M70	1	147	0:25:51	0:51:34	1:17:26	<b>1:42:37</b>	1:42:57	04:51
135	1118	Brunetti, Elio	79	ITA	-/Essen	M35	14	148	0:25:40	0:51:39	1:17:25	<b>1:42:41</b>	1:43:12	04:51
136	1782	Sander, Dietmar	64	GER	Lippe Runners Werne/-	M50	20	149	0:25:01	0:50:01	1:16:15	<b>1:42:41</b>	1:42:50	04:52
137	1762	Braun, Andreas	63	GER	SG Zons/-	M50	21	150	0:25:27	0:50:48	1:17:01	<b>1:42:46</b>	1:43:16	04:52
138	1315	Roschanski, Marc	74	GER	-/Bochum	M40	18	152	0:26:18	0:52:18	1:17:56	<b>1:43:10</b>	1:43:51	04:53
139	1303	Spigiel, Dietmar	55	GER	LT Wischlingen Dortmund/Lünen	M60	5	153	0:24:11	0:48:33	1:14:51	<b>1:43:14</b>	1:43:24	04:53
140	1201	Marquardt, Stefan	68	GER	SF Ennepetal/Gevelsberg	M45	23	154	0:25:36	0:51:37	1:18:04	<b>1:43:25</b>	1:43:57	04:54
141	1853	Seibt, Christian	79	GER	-/-	M35	15	155	0:26:26	0:52:21	1:18:39	<b>1:43:26</b>	1:44:08	04:54



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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
142	1240	Eßmann, Martin	60	GER	MSC Münster/Senden	M55	19	156	0:25:59	0:51:14	1:17:19	<b>1:43:33</b>	1:44:01	04:54
143	1424	Halbscheffel, Klaus	49	GER	LGO Bochum/Bochum	M65	3	157	0:25:50	0:51:27	1:17:36	<b>1:43:34</b>	1:43:45	04:54
144	1769	Kissing, Udo	59	GER	-/-	M55	20	158	0:26:27	0:52:08	1:17:50	<b>1:43:45</b>	1:44:14	04:55
145	1228	Alcalde Rasch, Dr. Alejandro	67	GER	-/Hünxe	M50	22	159	0:24:56	0:50:15	1:16:11	<b>1:43:55</b>	1:43:58	04:55
146	1268	Killius, Klaus	59	GER	Marathon Mülheim/Mülheim An Der Ruhr	M55	21	160	0:25:26	0:51:03	1:17:22	<b>1:44:01</b>	1:44:28	04:55
147	1190	R, Dr. Jens-Peter	67	GER	-/Frankfurt	M50	23	161	0:25:36	0:51:27	1:17:16	<b>1:44:09</b>	1:44:25	04:56
147	1744	Reinhardt, Jens-Peter	67	GER	-/-	M50	23	161	0:25:36	0:51:27	1:17:16	<b>1:44:09</b>	1:44:25	04:56
149	1246	Wolff, Klaus Dieter	59	GER	BSG Barmenia Versicherungen/Wuppertal	M55	22	163	0:26:09	0:51:43	1:17:59	<b>1:44:14</b>	1:44:40	04:56
150	1120	Schuster, Danny	84	GER	Scoozy Run Athletics/Velbert	M30	22	165	0:24:42	0:49:49	1:16:19	<b>1:44:21</b>	1:44:29	04:56
151	1756	Döring, Peter	59	GER	TLV Germania Überruhr/-	M55	23	166	0:24:10	0:49:37	1:16:19	<b>1:44:23</b>	1:44:35	04:56
152	1113	Seifert, Michael	72	GER	Tus 88/Essen	M45	24	167	0:25:43	0:51:45	1:18:13	<b>1:44:32</b>	1:44:44	04:57
153	1745	Cramer, Rüdiger	63	GER	-/-	M50	25	170	0:25:01	0:50:43	1:17:16	<b>1:44:41</b>	1:44:58	04:57
154	1223	Stossberg, Frank	74	GER	Aktion Canchanabury/Essen	M40	19	172	0:26:25	0:52:41	1:19:01	<b>1:44:45</b>	1:45:14	04:57
155	1847	Kühnen, Thomas	67	GER	Ausdauerschule by bunert/-	M50	26	173	0:26:02	0:52:02	1:18:29	<b>1:45:05</b>	1:45:12	04:58
156	1158	Van Lochem, Georg	62	GER	-/Essen	M55	24	174	0:26:14	0:52:23	1:19:03	<b>1:45:09</b>	1:45:28	04:59
157	1742	Bückmann, Stefan	68	GER	Lauffreunde HADI Wesel/-	M45	25	175	0:25:44	0:51:42	1:18:31	<b>1:45:23</b>	1:45:49	04:59
158	1487	Nehrbauer, Dirk	83	GER	DJMJ/-	M30	23	176	0:25:45	0:51:42	1:18:32	<b>1:45:24</b>	1:45:50	04:59
159	1266	Muntoni, Riccardo	75	GER	-/Bochum	M40	20	177	0:25:42	0:51:47	1:18:24	<b>1:45:26</b>	1:45:52	04:59
160	1211	Schlösser, Olaf	69	GER	-/Gelsenkirchen	M45	26	180	0:25:23	0:51:20	1:18:07	<b>1:45:56</b>	1:46:14	05:01
161	1061	Mustereit, Boris	83	GER	-/Essen	M30	24	181	0:26:02	0:52:10	1:18:58	<b>1:45:57</b>	1:46:31	05:01
162	1213	Sander, Patrick	71	GER	Aktion Canchanabury/Bochum	M45	27	182	0:26:26	0:52:39	1:19:01	<b>1:46:17</b>	1:46:46	05:02
163	1862	Schwarz, Frank	62	GER	Triathlon Witten/-	M55	25	183	0:26:35	0:52:44	1:19:37	<b>1:46:19</b>	1:46:42	05:02
164	1764	Steinbach, Michael	55	GER	BSG Emscher Lippe/-	M60	6	184	0:25:31	0:51:22	1:18:39	<b>1:46:20</b>	1:46:28	05:02
165	1131	Kuepper, Steffen	77	GER	Team Africa/Düsseldorf	M40	21	187	0:25:01	0:50:54	1:17:45	<b>1:46:29</b>	1:47:07	05:02
166	1432	Hansmeier, Marco	74	GER	-/Osnabrück	M40	22	188	0:26:05	0:51:55	1:19:23	<b>1:46:38</b>	1:47:14	05:03
167	1395	Aschenbrenner, Marcus	73	GER	Rollos/Essen	M40	23	189	0:26:31	0:52:52	1:20:05	<b>1:47:04</b>	1:47:37	05:04
168	1492	Göke, René	75	GER	Marathon Mülheim/-	M40	24	191	0:26:36	0:53:13	1:20:32	<b>1:47:25</b>	1:47:52	05:05
169	1292	Ludwig, Frank	76	GER	-/Essen	M40	25	192	0:27:50	0:54:43	1:21:33	<b>1:47:28</b>	1:48:00	05:05
170	1416	Heine, Dirk	74	GER	Vodafone Runners/Menden	M40	26	193	0:25:26	0:51:39	1:19:17	<b>1:47:37</b>	1:47:48	05:06
171	1447	Frey, Rob	63	NED	-/-	M50	27	195	0:28:17	0:54:53	1:22:05	<b>1:47:43</b>	1:48:30	05:06
172	1163	Van Gemmen, Stefan	70	GER	-/Essen	M45	28	196	0:26:12	0:52:47	1:20:17	<b>1:47:55</b>	1:48:09	05:06
173	1068	Schmid, Holger	70	GER	LT Heisingen/Essen	M45	29	198	0:26:46	0:53:58	1:21:46	<b>1:48:17</b>	1:48:27	05:07
174	1050	Graupp, Andreas	63	GER	TSVE 1890 Bielefeld/Bielefeld	M50	28	199	0:26:37	0:53:17	1:20:32	<b>1:48:19</b>	1:48:31	05:08
175	1224	Halliwell, Nick	84	GBR	-/Emmerich	M30	25	203	0:31:50	0:57:24	1:23:12	<b>1:48:54</b>	1:48:54	05:09
176	1860	Hoffmann, Christian	74	GER	-/-	M40	27	204	0:27:24	0:54:13	1:21:15	<b>1:48:54</b>	1:49:33	05:09
177	1445	Lammert, Thomas	76	GER	-/-	M40	28	206	0:26:51	0:53:03	1:20:49	<b>1:48:58</b>	1:49:27	05:09
178	1444	Gürtler, Henning	84	GER	-/-	M30	26	207	0:25:58	0:52:49	1:20:53	<b>1:49:05</b>	1:49:26	05:10
179	1282	Araki, Jiro	61	JPN	-/Düsseldorf	M55	26	208	0:26:45	0:53:25	1:20:54	<b>1:49:22</b>	1:49:52	05:11
180	1327	Leverkusen, Prof. Marcus	69	GER	-/Leverkusen	M45	30	209	0:26:21	0:53:06	1:21:19	<b>1:49:33</b>	1:49:43	05:11
181	1335	Kraatz, Norman	80	GER	TuS Breitscheid/-	M35	16	210	0:25:23	0:51:46	1:19:58	<b>1:49:48</b>	1:50:04	05:12
182	1222	Schreiter, Rüdiger	71	GER	-/Duisburg	M45	31	212	0:28:01	0:55:36	1:22:44	<b>1:49:57</b>	1:50:35	05:12
183	1296	Korloo, Djahanrad	73	GER	-/Mülheim	M40	29	213	0:26:57	0:53:28	1:20:52	<b>1:50:07</b>	1:50:47	05:13
184	1935	Gerlach, Arndt	68	GER	Lauffreunde HADI Wesel/-	M45	32	214	0:27:37	0:54:47	1:22:27	<b>1:50:14</b>	1:50:41	05:13
185	1031	Thorant, Carsten	77	GER	IMS Running/Essen	M40	30	215	0:27:26	0:55:19	1:23:39	<b>1:50:14</b>	1:50:55	05:13
186	1225	Appels, Peter	57	GER	Lauffreunde HADI Wesel/Wesel	M60	7	218	0:27:50	0:55:19	1:22:59	<b>1:50:24</b>	1:51:08	05:13
187	1271	Hartstock, Helmut	57	GER	-/Essen	M60	8	219	0:27:06	0:53:40	1:21:14	<b>1:50:29</b>	1:50:56	05:14
188	1219	Winge, Winfried	54	GER	Orange Lake Runners/Haltern Am See	M60	9	220	0:26:30	0:53:34	1:21:41	<b>1:50:34</b>	1:50:50	05:14



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
189	1242	Plum, Oliver	82	GER	Freie Schwimmer Düsseldorf/Düsseldorf	M35	17	222	0:26:31	0:53:47	1:22:05	<b>1:50:39</b>	1:50:52	05:14
190	1102	Blasius, Tobias	74	GER	-/Viersen	M40	31	223	0:26:19	0:52:46	1:21:08	<b>1:50:40</b>	1:51:05	05:14
191	1752	Kujas, Michael	63	GER	-/	M50	29	225	0:27:15	0:54:30	1:22:29	<b>1:50:43</b>	1:51:01	05:14
192	1269	Buchwald, Frank	56	GER	-/Mülheim	M60	10	226	0:25:59	0:52:14	1:20:11	<b>1:50:52</b>	1:50:57	05:15
193	1304	Hack, Tim	87	GER	Lauffreunde HADI Wesel/Wesel	M30	27	229	0:26:33	0:53:17	1:21:05	<b>1:51:36</b>	1:51:50	05:17
194	1239	Schulze, Frank	64	GER	-/Oberhausen	M50	30	230	0:26:29	0:54:02	1:22:29	<b>1:51:42</b>	1:52:10	05:17
195	1137	Wasowicz, Artur	92	POL	Polonia Witten/Witten	MHK	16	231	0:26:59	0:54:05	1:21:54	<b>1:51:49</b>	1:52:26	05:17
196	1301	Klemm, Markus	74	GER	-/Recklinghausen	M40	32	232	0:27:55	0:55:40	1:23:36	<b>1:52:01</b>	1:52:34	05:18
197	1357	Rapp, Jörg	67	GER	-/Unna	M50	31	234	0:28:39	0:56:50	1:25:21	<b>1:52:35</b>	1:53:04	05:20
198	1775	Detmer, Christian	68	GER	-/	M45	33	235	0:27:12	0:55:02	1:24:07	<b>1:52:47</b>	1:53:11	05:20
199	1362	Elwenholl, Heinz	50	GER	TVK 1877 Essen-Kupferdreh/-	M65	4	239	0:28:26	0:56:44	1:25:18	<b>1:53:27</b>	1:53:58	05:22
200	1442	Künzel, Jörg	75	GER	TuS Homborg/-	M40	33	241	0:28:51	0:57:04	1:25:32	<b>1:53:45</b>	1:54:00	05:23
201	1761	Theisges, Dirk	65	GER	TV Deilinghofen/-	M50	32	243	0:27:03	0:54:32	1:23:40	<b>1:53:48</b>	1:54:13	05:23
202	1865	Trelenberg, Jörg	65	GER	CVJM Iserlohn/-	M50	33	244	0:27:05	0:54:34	1:23:41	<b>1:53:48</b>	1:54:12	05:23
203	1781	Müller, Christian	68	GER	CVJM Iserlohn/-	M45	34	245	0:27:05	0:54:33	1:23:23	<b>1:53:48</b>	1:54:12	05:23
204	1263	Scheitza, Falko	61	GER	LGO Bochum/Bochum	M55	27	247	0:26:49	0:54:02	1:22:47	<b>1:53:49</b>	1:54:03	05:23
205	1041	Specovius, Oliver	95	GER	-/Essen	MHK	17	248	0:25:31	0:52:52	1:22:40	<b>1:53:49</b>	1:53:55	05:23
206	1006	Kaczmarczyk, Adam	72	GER	TuS 08 Lintorf/Ratingen	M45	35	249	0:27:24	0:54:44	1:22:58	<b>1:53:55</b>	1:54:14	05:23
207	1418	Petersen, Jan	77	GER	TuS 08 Lintorf/Ratingen	M40	34	250	0:27:23	0:54:43	1:22:58	<b>1:53:55</b>	1:54:15	05:23
208	1267	Schumann, Joachim	73	GER	Marathon Mülheim/Mülheim An Der Ruhr	M40	35	252	0:27:56	0:55:59	1:24:58	<b>1:54:05</b>	1:54:22	05:24
209	1039	Fieseler, Tom	63	GER	-/Jülich	M50	34	253	0:29:02	0:57:17	1:25:49	<b>1:54:11</b>	1:54:55	05:24
210	1070	Erbslöh, Torsten	82	GER	-/Essen	M35	18	254	0:27:40	0:55:50	1:24:53	<b>1:54:11</b>	1:54:42	05:24
211	1202	Rost, Tobias	76	GER	Ausdauerschule by bunert/Essen	M40	36	255	0:28:36	0:57:11	1:26:13	<b>1:54:24</b>	1:54:47	05:25
212	1256	Schienke, Thorsten	72	GER	Laufen rund um Münster/Sendenhorst	M45	36	256	0:28:41	0:56:54	1:25:25	<b>1:54:26</b>	1:54:52	05:25
213	1777	Standfuss, Andreas	62	GER	-/	M55	28	257	0:28:35	0:57:05	1:25:56	<b>1:54:34</b>	1:55:13	05:25
214	1106	Erdmann, Kai	69	GER	Sv Ilmenau/Deutsch Evern	M45	37	258	0:28:42	0:57:10	1:25:57	<b>1:54:35</b>	1:55:09	05:25
215	1371	Gollan, Björn	70	GER	-/Delbrück	M45	38	260	0:28:36	0:57:00	1:26:16	<b>1:54:40</b>	1:54:59	05:26
216	1040	Schütz, Alexander	88	GER	-/Essen	MHK	18	262	0:29:03	0:57:21	1:25:51	<b>1:54:46</b>	1:55:28	05:26
217	1206	Christian, Torsten	68	GER	Ausdauerschule by bunert/Dortmund	M45	39	263	0:27:35	0:55:13	1:24:58	<b>1:54:48</b>	1:55:29	05:26
218	1855	Bayram, Sabri	59	GER	-/	M55	29	264	0:27:52	0:55:57	1:25:28	<b>1:55:01</b>	1:55:44	05:27
219	1059	Gettler, Frank	69	GER	TSC-Mülheim/Radevormwald	M45	40	265	0:28:42	0:57:04	1:26:13	<b>1:55:05</b>	1:55:20	05:27
220	1095	Henschel, Andre	62	GER	-/Mülheim Ruhr	M55	30	266	0:28:34	0:56:51	1:25:56	<b>1:55:05</b>	1:55:47	05:27
221	1005	Teklic, Marijo	75	GER	FVV Frankfurt/Frankfurt Am Main	M40	37	267	0:30:34	1:00:56	1:28:18	<b>1:55:24</b>	1:56:14	05:28
222	1093	Mesch, Andreas	60	GER	-/Mülheim Ruhr	M55	31	269	0:28:33	0:56:50	1:25:56	<b>1:55:49</b>	1:56:32	05:29
223	1489	Bilke, Marco	96	GER	Aqua Fun Soest/-	MHK	19	270	0:27:06	0:54:16	1:25:12	<b>1:55:51</b>	1:55:53	05:29
224	1200	Unterein, Dominik	89	GER	-/Essen	MHK	20	274	0:29:02	0:57:47	1:26:48	<b>1:56:11</b>	1:56:27	05:30
225	1171	Moseler, Oliver	70	GER	-/Witten	M45	41	277	0:27:13	0:54:46	1:23:59	<b>1:56:27</b>	1:56:45	05:31
226	1144	Dziersan, Matthias	85	GER	-/Essen	M30	28	279	0:29:24	0:58:48	1:28:01	<b>1:56:29</b>	1:57:05	05:31
227	1215	Rüth, Markus	75	GER	-/Soest	M40	38	281	0:27:59	0:54:33	1:22:20	<b>1:56:37</b>	1:57:20	05:31
228	1214	Rüth, Aaron		GER	-/Soest	MU18	1	282	0:27:58	0:54:33	1:22:21	<b>1:56:37</b>	1:57:21	05:31
229	1123	Starp, Klaus	66	GER	DELTA Lauffreud Ahlen/Ahlen	M50	35	283	0:29:40	0:58:43	1:28:13	<b>1:56:46</b>	1:57:36	05:32
230	1446	Höfting, Rainer	61	GER	-/	M55	32	284	0:27:44	0:57:06	1:27:21	<b>1:56:54</b>	1:57:02	05:32
231	1001	Becker, Tobias	88	GER	Allbau AG/-	MHK	21	287	0:24:07	0:48:55	1:17:31	<b>1:57:06</b>	1:57:43	05:33
232	1073	Temming, Sven	75	GER	Bierathleten/Mülheim	M40	39	288	0:29:16	0:58:17	1:27:24	<b>1:57:20</b>	1:57:46	05:33
233	1420	Steeger, Paul	92	GER	-/Münster	MHK	22	292	0:31:37	1:02:23	1:31:05	<b>1:57:38</b>	1:58:10	05:34
234	1010	Bantin, Holger	53	GER	Ausdauerschule by bunert/Wuppertal	M60	11	293	0:28:59	0:57:57	1:28:06	<b>1:58:05</b>	1:58:31	05:35
235	1078	Von Holleben, Marius	86	GER	-/Berlin	M30	29	294	0:28:40	0:57:33	1:27:11	<b>1:58:10</b>	1:58:47	05:36



Halbmarathon

Ergebnisse Männer

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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
236	1429	Drath, Rüdiger	56	GER	DELTA Laufftreff Ahlen/Ahlen	M60	12	295	0:29:41	0:58:44	1:28:13	<b>1:58:16</b>	1:59:06	05:36
237	1146	Spiekermann, Peter	62	GER	DELTA Laufftreff Ahlen/Ahlen	M55	33	296	0:29:42	0:58:45	1:28:17	<b>1:58:22</b>	1:59:11	05:36
238	1063	Scheib, Severin	80	GER	-/Essen	M35	19	297	0:30:27	1:00:34	1:29:51	<b>1:58:36</b>	1:59:06	05:37
239	1295	Hill, Dr. Arnd	67	GER	ohne/Lüneburg	M50	36	298	0:29:16	0:58:36	1:28:41	<b>1:58:42</b>	1:59:34	05:37
240	1181	Weimer, Julian	85	GER	Die 4 Winde/Düsseldorf	M30	30	300	0:28:07	0:56:59	1:27:45	<b>1:59:25</b>	1:59:55	05:39
241	1100	Report, Christoph	72	GER	-/Hattingen	M45	42	301	0:30:17	0:59:47	1:29:20	<b>1:59:57</b>	2:00:39	05:41
242	1340	Bürvenich, Heribert	47	GER	TV Stoppenberg/Essen	M70	2	302	0:28:26	0:57:31	1:28:01	<b>2:00:11</b>	2:00:31	05:41
243	1379	Ricken, Tobias	77	GER	Borbecker Raketen Essen/Essen	M40	40	303	0:30:38	1:01:15	1:31:21	<b>2:00:20</b>	2:00:54	05:42
244	1338	Bürvenich, Hans-Peter	50	GER	Erlangen/Erlangen	M65	5	304	0:28:46	0:57:59	1:28:31	<b>2:00:24</b>	2:00:44	05:42
245	1363	Stadtmann, Matthias	69	GER	Die dicken Berthas/Essen	M45	43	305	0:26:58	0:56:00	1:27:36	<b>2:00:29</b>	2:00:56	05:42
246	1278	Tomero, Pedro	73	ESP	-/Frankfurt Am Main	M40	41	306	0:28:32	0:57:09	1:27:45	<b>2:00:30</b>	2:00:47	05:42
247	1857	Kaufmann, Holger	64	GER	-/	M50	37	309	0:28:53	0:59:22	1:30:30	<b>2:00:53</b>	2:01:42	05:43
248	1417	Hähnel, Claus	61	GER	-/Düsseldorf-Benrath	M55	34	310	0:28:51	0:59:21	1:30:28	<b>2:00:53</b>	2:01:42	05:43
249	1015	Siemen, Christoph	62	GER	-/Essen	M55	35	311	0:27:47	0:57:05	1:28:24	<b>2:01:35</b>	2:01:47	05:45
250	1287	Maras, Georgios	56	GRE	Koufalia- Thessaloniki/Köln	M60	13	313	0:31:04	1:01:25	1:31:37	<b>2:01:59</b>	2:02:53	05:46
251	1080	Heimstädt, Dr. Maximilian	88	GER	-/Witten	MHK	23	314	0:28:40	0:57:33	1:27:26	<b>2:02:09</b>	2:02:46	05:47
252	1210	Ostmann, Heiko	69	GER	LT Nauen-Falkensee/Detmold	M45	44	315	0:31:20	1:02:08	1:32:57	<b>2:02:26</b>	2:03:19	05:48
253	1229	Maczkowski, Klaus	70	GER	-/Essen	M45	45	316	0:29:48	1:00:11	1:31:54	<b>2:03:27</b>	2:03:41	05:51
254	1365	Warm, Armin	71	GER	-/Aachen	M45	46	318	0:29:03	0:59:52	1:31:07	<b>2:03:35</b>	2:04:19	05:51
255	1051	Thiele, Klaus	63	GER	-/Göttingen	M50	38	320	0:30:24	1:00:25	1:31:06	<b>2:04:14</b>	2:04:54	05:53
256	1366	Teklic, Michael	74	GER	-/Wuppertal	M40	42	321	0:30:35	1:00:57	1:32:13	<b>2:04:15</b>	2:05:05	05:53
257	1274	Keusemann, Jörg	76	GER	-/Eindhoven	M40	43	322	0:30:44	1:02:21	1:33:10	<b>2:04:33</b>	2:04:46	05:54
258	1443	Strenger, Dietmar	66	GER	-/	M50	39	323	0:27:16	0:57:20	1:29:26	<b>2:04:47</b>	2:04:55	05:54
259	1122	Giela, Sebastian	84	POL	-/Hagen	M30	31	325	0:30:10	1:00:08	1:31:29	<b>2:04:58</b>	2:05:33	05:55
260	1248	Heuer, Jonathan	86	GER	-/Essen	M30	32	327	0:31:38	1:02:52	1:34:40	<b>2:05:00</b>	2:05:48	05:55
261	1336	Presser, Christian	63	GER	TuS Breitscheid/-	M50	40	330	0:30:46	1:01:40	1:33:36	<b>2:05:35</b>	2:05:59	05:57
262	1164	Hacke, Wolfgang	64	GER	Aktion Menschenstadt Essen/Essen	M50	41	332	0:30:06	1:01:10	1:33:21	<b>2:05:37</b>	2:05:51	05:57
263	1403	Galk, Markus	89	GER	-/Oberhausen	MHK	24	334	0:31:36	1:02:45	1:34:42	<b>2:06:46</b>	2:07:28	06:00
264	1253	Gand, Marvin	79	GER	-/Lünen	M35	20	336	0:30:17	1:01:27	1:33:20	<b>2:07:00</b>	2:07:39	06:01
265	1042	Holtrichter, Frank	62	GER	-/Essen	M55	36	338	0:29:19	0:59:43	1:33:57	<b>2:07:27</b>	2:07:53	06:02
266	1178	Stöcken, Hauke	59	GER	TriathlonVereinWuppertal/Wuppertal	M55	37	339	0:29:35	1:00:03	1:33:20	<b>2:07:52</b>	2:08:39	06:03
267	1345	Kampmann, Horst	54	GER	ohne/Hagen	M60	14	340	0:31:45	1:03:24	1:35:36	<b>2:08:00</b>	2:08:35	06:03
268	1258	Kallay, Alpha	67	GER	-/Euskirchen	M50	42	341	0:31:51	1:03:34	1:36:03	<b>2:08:29</b>	2:09:18	06:05
269	1854	Thiele, Jonas	84	GER	-/	M30	33	344	0:34:27	1:07:47	1:39:31	<b>2:09:27</b>	2:10:13	06:08
270	1390	Wurch, Oliver	74	GER	-/Wuppertal	M40	44	345	0:32:42	1:04:31	1:36:33	<b>2:09:32</b>	2:10:08	06:08
271	1218	Wenzel- Burkhardt, Jo	88	GER	-/Bochum	MHK	25	347	0:32:46	1:05:17	1:37:53	<b>2:09:42</b>	2:10:06	06:08
272	1226	Martens, Prof. Julian	89	GER	-/Essen	MHK	26	348	0:27:38	1:05:36	1:34:39	<b>2:09:48</b>	2:10:38	06:09
273	1354	Schraa, Rolf	62	GER	-/Essen	M55	38	349	0:31:42	1:03:16	1:36:21	<b>2:10:03</b>	2:10:48	06:09
274	1349	Bertsch, Patrik	85	GER	-/Essen	M30	34	350	0:31:42	1:03:17	1:36:21	<b>2:10:03</b>	2:10:48	06:09
275	1324	Wilbuer, Andreas	58	GER	-/Essen	M55	39	351	0:31:41	1:03:16	1:36:21	<b>2:10:16</b>	2:11:00	06:10
276	1408	Burzlaff, Bjoern	68	GER	-/Dorsten	M45	47	353	0:34:23	1:07:42	1:40:38	<b>2:10:48</b>	2:11:34	06:11
277	1859	Sievert, Stefan	74	GER	-/	M40	45	354	0:34:23	1:07:43	1:40:39	<b>2:10:52</b>	2:11:37	06:12
278	1319	Romeo, Salvatore	59	ITA	A,S,Modena, R,C Italy/Bochum	M55	40	355	0:32:27	1:05:36	1:39:36	<b>2:11:12</b>	2:11:34	06:13
279	1087	Moog, Sven	76	GER	www.sport-mit-sven.de/Essen	M40	46	356	0:29:35	1:01:22	1:35:44	<b>2:11:23</b>	2:11:55	06:13
280	1232	Dörner, Horst	55	GER	ASC Dillenburg/Herborn	M60	15	358	0:31:50	1:03:52	1:37:17	<b>2:12:06</b>	2:12:54	06:15
281	1337	Seeberger, Thomas	62	GER	-/Erkrath	M55	41	359	0:31:29	1:03:02		<b>2:12:20</b>	2:13:12	06:16
282	1311	Sniegucki, Dawid	85	GER	-/Lüdenscheid	M30	35	360	0:29:52	0:59:52	1:35:04	<b>2:12:40</b>	2:13:21	06:17



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
283	1378	Mertens, Wolfgang	68	GER	FC Deutsche Post/Mülheim-Kärlich	M45	48	363	0:31:23	1:02:05	1:36:40	<b>2:13:33</b>	2:14:21	06:19
284	1493	Brandt, Andreas	76	GER	Borbecker Raketen Essen/-	M40	47	364	0:33:38	1:06:45	1:39:38	<b>2:13:35</b>	2:14:12	06:19
285	1056	Mcanea, Dr. Thomas	70	SCO	-/Sheffield	M45	49	365	0:31:12	1:03:41	1:39:56	<b>2:14:38</b>	2:15:17	06:22
286	1055	Unger, Jaan	75	GER	-/Essen	M40	48	366	0:31:12	1:03:41	1:39:54	<b>2:14:38</b>	2:15:17	06:22
287	1153	Van Beek, Wolfgang Herbert	55	GER	Amprion/Essen	M60	16	367	0:33:10	1:04:37	1:38:32	<b>2:15:21</b>	2:15:54	06:24
288	1310	Krämer, Rudolfo	49	GER	RADE RENNT/Radevormwald	M65	6	368	0:32:31	1:05:23	1:41:15	<b>2:16:11</b>	2:16:48	06:27
289	1341	Sefz, Timo	77	GER	-/Essen	M40	49	369	0:31:51	1:03:25	1:38:04	<b>2:16:12</b>	2:16:49	06:27
290	1316	Döring, Andreas	60	GER	-/Gelsenkirchen	M55	42	370	0:26:34	0:58:18	1:37:42	<b>2:18:33</b>	2:18:53	06:34
291	1175	Meyer, René	73	GER	-/Krefeld	M40	50	371	0:33:40	1:06:51	1:41:08	<b>2:18:58</b>	2:19:45	06:35
292	1194	Vette, Klaus	62	GER	Laufen rund um Münster/Senden	M55	43	373	0:35:09	1:10:07	1:45:16	<b>2:20:47</b>	2:21:26	06:40
293	1086	Moser, Jörg	63	GER	Ausdauerschule by bunert/Mülheim	M50	43	374	0:35:41	1:10:50	1:46:12	<b>2:21:00</b>	2:21:23	06:40
294	1016	Kolligs, Joachim	75	GER	-/Hattingen	M40	51	377	0:32:39	1:06:15	1:42:31	<b>2:21:03</b>	2:21:48	06:41
295	1306	Fiege, Andreas	63	GER	LC Duisburg/Duisburg	M50	44	380	0:33:41	1:08:22	1:44:33	<b>2:21:52</b>	2:22:32	06:43
296	1290	Odendahl, Thomas	60	GER	-/Gelsenkirchen	M55	44	381	0:33:32	1:07:56	1:43:44	<b>2:22:55</b>	2:23:37	06:46
297	1305	Wlazlak, Sebastian	82	GER	1. Tri-Team Gütersloh GTV/Gütersloh	M35	21	385	0:35:35	1:11:55	1:50:25	<b>2:30:15</b>	2:30:51	07:07
298	1308	Schmidt, Heinz	38	GER	SV-Heißen/M Ülheim A.D. Ruhr	M75	2	388	0:36:49	1:14:07	1:53:43	<b>2:34:01</b>	2:34:47	07:17



Halbmarathon

Ergebnisse Frauen

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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
1	1771	Viellaber, Felictas	82	GER	Tusem Essen/-	W35	1	6	0:20:19	0:40:49	1:01:39	<b>1:22:06</b>	1:22:08	03:53
2	1369	Vössing, Annika	92	GER	LAV Oberhausen/Oberhausen	WHK	1	13	0:20:20	0:40:49	1:02:22	<b>1:24:08</b>	1:24:10	03:59
3	1322	Hollmann, Lena	90	GER	USC Bochum/Bochum	WHK	2	16	0:21:03	0:42:34	1:04:22	<b>1:25:48</b>	1:25:51	04:03
4	1491	Langenbrink, Nora	86	GER	-/-	W30	1	56	0:23:03	0:46:13	1:10:22	<b>1:33:39</b>	1:33:43	04:26
5	1235	Pfützenreuter, Johanna	90	GER	-/Ratingen	WHK	3	60	0:23:19	0:46:34	1:10:30	<b>1:33:56</b>	1:34:06	04:27
6	1182	Denton, Alisandra	88	USA	-/Düsseldorf	WHK	4	72	0:23:20	0:46:36	1:10:34	<b>1:35:06</b>	1:35:18	04:30
7	1277	Bürger, Marita	84	GER	DJK Kleinenbroich/Korschenbroich	W30	2	87	0:23:23	0:47:18	1:11:43	<b>1:36:25</b>	1:36:32	04:34
8	1449	Zeit, Ulrike	68	GER	Kevelar SV/-	W45	1	98	0:23:31	0:47:37	1:12:25	<b>1:37:34</b>	1:37:42	04:37
9	1314	Kenter, Franziska	92	GER	Borgholzhausen/Essen	WHK	5	101	0:24:52	0:49:05	1:13:35	<b>1:38:16</b>	1:38:37	04:39
10	1387	Böger, Nadine	75	GER	Team-Essen 1999 e.V./Mettmann	W40	1	108	0:23:57	0:48:02	1:13:14	<b>1:38:44</b>	1:39:20	04:40
11	1348	Sander, Dr. Ingrid	62	GER	DJK Blau-Weiß Annen/Bochum	W55	1	127	0:24:27	0:49:21	1:15:06	<b>1:40:46</b>	1:40:54	04:46
12	1861	Höiting, Marie	93	GER	-/-	WHK	6	134	0:24:51	0:50:17	1:15:50	<b>1:41:09</b>	1:41:16	04:47
13	1770	Meier, Barbara	81	GER	Autonorme Reserve Soest/-	W35	2	146	0:26:11	0:51:54	1:17:21	<b>1:42:24</b>	1:42:51	04:51
14	1930	Senkowski, Linda	78	GER	SG Suderwich/-	W35	3	151	0:26:06	0:51:15	1:17:33	<b>1:43:01</b>	1:43:18	04:52
15	1020	Krings, Nina	87	GER	-/Gelsenkirchen	W30	3	164	0:26:05	0:51:14	1:17:33	<b>1:44:15</b>	1:44:32	04:56
16	1367	Schumacher, Sarah	88	GER	TVE Lauffreunde Gladbeck/Gladbeck	WHK	7	168	0:26:30	0:52:27	1:18:45	<b>1:44:35</b>	1:45:14	04:57
17	1385	Simon, Olga	79	GER	Team-Essen 1999 e.V./Mettmann	W35	4	169	0:25:34	0:51:34	1:18:01	<b>1:44:36</b>	1:45:11	04:57
18	1375	David, Judith	85	GER	-/Heiligenhaus	W30	4	171	0:25:42	0:51:32	1:18:12	<b>1:44:45</b>	1:44:56	04:57
19	1748	Bergmann, Sventje	80	GER	Ausdauerschule by bunert/-	W35	5	178	0:26:11	0:52:00	1:18:27	<b>1:45:28</b>	1:45:38	04:59
20	1376	Kaiser, Dörte	71	GER	Team-Essen 1999 e.V./Mettmann	W45	2	179	0:25:35	0:51:37	1:18:24	<b>1:45:44</b>	1:46:18	05:00
21	1300	Schupp, Sabine	65	GER	-/Essen	W50	1	185	0:26:12	0:52:23	1:19:07	<b>1:46:22</b>	1:46:53	05:02
22	1049	Steffen, Ulrike	75	GER	TSVE 1890 Bielefeld/Bielefeld	W40	2	186	0:26:40	0:53:15	1:19:56	<b>1:46:28</b>	1:46:39	05:02
23	1428	Oldenburger, Hildegard	65	GER	DELTA Laufftreff Ahlen/Ahlen	W50	2	190	0:26:18	0:52:38	1:20:04	<b>1:47:25</b>	1:47:53	05:05
24	1384	Kühnen, Claudia	67	GER	Ausdauerschule by bunert/Rheinberg	W50	3	194	0:26:18	0:52:46	1:20:10	<b>1:47:37</b>	1:47:47	05:06
25	1334	Schmidtke, Ulrike	65	GER	TuS Breitscheid/-	W50	4	197	0:27:23	0:54:44	1:22:22	<b>1:47:58</b>	1:48:15	05:07
26	1205	Cosack, Annette	66	GER	-/Essen	W50	5	200	0:26:19	0:53:01	1:20:38	<b>1:48:28</b>	1:49:02	05:08
27	1856	Voß, Stefanie	81	GER	Autonorme Reserve Soest/-	W35	6	201	0:27:36	0:54:44	1:22:17	<b>1:48:40</b>	1:49:07	05:09
28	1183	Maß, Janina	86	GER	-/Düsseldorf	W30	5	202	0:25:14	0:51:54	1:20:05	<b>1:48:44</b>	1:48:57	05:09
29	1297	Schmauder, Angelika	90	GER	-/Bochum	WHK	8	205	0:28:08	0:54:53	1:22:05	<b>1:48:56</b>	1:49:21	05:09
30	1075	Nink, Dr. Judith	81	GER	-/Köln	W35	7	211	0:27:41	0:55:20	1:23:00	<b>1:49:53</b>	1:50:00	05:12
31	1136	Michna, Dagmar	90	GER	Ausdauerschule by bunert/Dortmund	WHK	9	216	0:27:41	0:54:34	1:22:12	<b>1:50:17</b>	1:50:58	05:13
32	1776	Schkund, Babara	71	GER	WAT-Läufer/-	W45	3	217	0:26:58	0:54:22	1:22:26	<b>1:50:24</b>	1:50:47	05:13
33	1196	Austermann, Frauke	84	GER	-/Düsseldorf	W30	6	221	0:26:32	0:53:48	1:22:06	<b>1:50:39</b>	1:50:52	05:14
34	1074	Louvette, Caroline	87	GER	-/Köln	W30	7	224	0:27:40	0:55:20	1:22:59	<b>1:50:41</b>	1:50:49	05:14
35	1172	Pohl, Jana Dorothee	89	GER	Pace Pack Runners/Gevelsberg	WHK	10	227	0:25:40	0:52:21	1:21:07	<b>1:51:18</b>	1:51:27	05:16
36	1778	Haarmann, Kerstin	92	GER	Pace Pack Runners/-	WHK	11	228	0:25:40	0:52:21	1:21:07	<b>1:51:19</b>	1:51:27	05:16
37	1184	Gantenberg, Svenja	70	GER	-/Essen	W45	4	233	0:28:04	0:56:29	1:25:12	<b>1:52:27</b>	1:53:03	05:19
38	1043	Baur, Barbara	82	GER	Hammer Sportclub 08 e.V/Hamm	W35	8	236	0:28:57	0:56:57	1:24:56	<b>1:53:13</b>	1:53:34	05:21
39	1273	Radis, Ulrike	69	GER	-/Witten	W45	5	237	0:27:47	0:55:41	1:24:31	<b>1:53:13</b>	1:53:42	05:21
40	1858	Hommel, Claudia	68	GER	LC Duisburg/-	W45	6	238	0:27:22	0:54:49	1:24:16	<b>1:53:16</b>	1:53:37	05:22
41	1767	Halbich, Sylvia	75	GER	LT Haumannplatz/-	W40	3	240	0:28:52	0:57:04	1:25:35	<b>1:53:45</b>	1:54:00	05:23
42	1766	Robrecht, Astrid	68	GER	LT Haumannplatz/-	W45	7	242	0:28:53	0:57:05	1:25:35	<b>1:53:47</b>	1:54:02	05:23
43	1252	Zorgel, Ildiko	80	HUN	-/Siegen	W35	9	246	0:29:53	0:57:35	1:26:00	<b>1:53:48</b>	1:54:28	05:23
44	1425	Just, Gladys	74	GER	TuS 08 Lintorf/Ratingen	W40	4	251	0:27:24	0:54:44	1:22:57	<b>1:53:56</b>	1:54:14	05:23
45	1107	Bornemann, Cornelia	63	GER	Sv Ilmenau/Deutsch Evern	W50	6	259	0:28:42	0:57:10	1:25:56	<b>1:54:35</b>	1:55:09	05:25
46	1383	Köhncke, Claudia	67	GER	SF Ennepetal/Ennepetal	W50	7	261	0:28:36	0:57:00	1:26:15	<b>1:54:42</b>	1:55:00	05:26
47	1753	Kujas, Claudia	67	GER	-/-	W50	8	268	0:28:22	0:57:06	1:26:39	<b>1:55:33</b>	1:55:50	05:28





Halbmarathon

Ergebnisse Frauen

inoffiziell

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
48	1355	Schreinert, Dörte	65	GER	Marathon Mülheim/Mülheim An Der Ruhr	W50	9	271	0:29:18	0:58:19	1:27:44	<b>1:55:57</b>	1:56:23	05:29
49	1140	Kempe, Kathrin	91	GER	-/Dinslaken	WHK	12	272	0:28:02	0:56:52	1:26:20	<b>1:56:00</b>	1:56:38	05:29
50	1052	Meyer, Stephanie	76	GER	-/Heiligenhaus	W40	5	273	0:28:03	0:56:53	1:26:26	<b>1:56:01</b>	1:56:39	05:29
51	1174	Maslosz-Meyer, Nicole	83	GER	-/Krefeld	W30	8	275	0:28:05	0:57:05	1:27:02	<b>1:56:20</b>	1:57:07	05:30
52	1188	Spoehr, Maren	74	GER	Die 4 Winde/Düsseldorf	W40	6	276	0:27:49	0:56:14	1:26:00	<b>1:56:20</b>	1:56:50	05:30
53	1227	Farber, Meike	95	GER	SV Haldern/Essen	WHK	13	278	0:27:20	0:55:26	1:25:51	<b>1:56:29</b>	1:56:50	05:31
54	1381	Ricken, Claudia	79	GER	Borbecker Raketen Essen/Essen	W35	10	280	0:29:26	0:58:47	1:28:02	<b>1:56:31</b>	1:57:05	05:31
55	1402	Thesing, Ivonne	77	GER	Kevelaerer SV/Muddies/Kevelaer	W40	7	285	0:29:06	0:58:04	1:27:34	<b>1:56:55</b>	1:57:08	05:32
56	1401	Zwiener, Danni	67	GER	Kevelaerer SV/Muddies/Kevelaer	W50	10	286	0:29:06	0:58:04	1:27:35	<b>1:56:55</b>	1:57:08	05:32
57	1368	Temming, Rebekka	85	GER	Die Bierathleten/Mülheim	W30	9	289	0:29:16	0:58:15	1:27:24	<b>1:57:22</b>	1:57:49	05:33
58	1198	Schürmann, Ariane	66	GER	-/Essen	W50	11	290	0:28:57	0:58:00	1:28:17	<b>1:57:30</b>	1:58:08	05:34
58	1079	Sauter, Aurora	94	GER	-/Witten	WHK	14	290	0:28:39	0:57:30	1:27:23	<b>1:57:30</b>	1:58:07	05:34
60	1931	Schön, Sandra	74	GER	Borbecker Raketen Essen/-	W40	8	299	0:29:26	0:58:49	1:28:57	<b>1:59:16</b>	1:59:49	05:39
61	1022	Ritter, Anne	79	GER	-/Münster	W35	11	307	0:30:55	1:00:51	1:31:29	<b>2:00:50</b>	2:01:20	05:43
62	1023	Kumbrink, Cordelia	73	GER	-/Münster	W40	9	308	0:30:56	1:00:52	1:31:29	<b>2:00:50</b>	2:01:20	05:43
63	1299	Hillen, Corinna	71	GER	-/Oberhausen	W45	8	312	0:29:34	0:58:55	1:29:54	<b>2:01:37</b>	2:02:08	05:45
64	1116	Ripkens, Sarah	89	GER	-/Düsseldorf	WHK	15	317	0:31:22	1:02:09	1:33:11	<b>2:03:30</b>	2:04:20	05:51
65	1394	Borgolte, Ronja-Asta	87	GER	-/Witten	W30	10	319	0:31:11	1:01:59	1:33:39	<b>2:04:13</b>	2:04:58	05:53
66	1352	Ingenbleek, Andrea	69	GER	SV Viktoria Goch/Uedem	W45	9	324	0:31:11	1:01:56	1:33:17	<b>2:04:48</b>	2:05:20	05:54
67	1247	Sossna, Emily	88	GER	-/Essen	WHK	16	326	0:31:41	1:02:53	1:34:40	<b>2:05:00</b>	2:05:47	05:55
68	1412	Kellermann, Christine	64	GER	SF Ennepetal/Gevelsberg	W50	12	328	0:31:11	1:02:37	1:34:23	<b>2:05:06</b>	2:05:26	05:55
69	1204	Zardeh, Christina	88	GER	-/Lüdenscheid	WHK	17	329	0:31:44	1:02:42	1:34:48	<b>2:05:32</b>	2:06:20	05:57
70	1411	Knappe, Maren	74	GER	SF Ennepetal/Ennepetal	W40	10	331	0:31:12	1:02:37	1:34:24	<b>2:05:36</b>	2:05:57	05:57
71	1326	Latos, Marie	94	GER	-/Essen	WHK	18	333	0:31:37	1:02:46	1:34:43	<b>2:06:46</b>	2:07:29	06:00
72	1754	Degener, Anja	72	GER	TriClub Wuppertal/-	W45	10	335	0:29:59	1:01:06	1:33:57	<b>2:06:58</b>	2:07:17	06:01
73	1161	Hoßbach, Lea	90	GER	-/Köln	WHK	19	337	0:31:40	1:03:15	1:35:25	<b>2:07:20</b>	2:08:07	06:02
74	1257	Kallay, Derya	79	GER	-/Euskirchen	W35	12	342	0:31:52	1:03:34	1:36:02	<b>2:08:30</b>	2:09:19	06:05
75	1260	Metcalfe, Anna	79	GER	-/Essen	W35	13	343	0:32:46	1:05:18	1:37:53	<b>2:08:32</b>	2:08:59	06:05
76	1217	Wenzel, Janna	83	GER	-/Bochum	W30	11	346	0:32:46	1:05:17	1:37:53	<b>2:09:41</b>	2:10:06	06:08
77	1117	Frisse, Petra	73	GER	LSF Münster/Havixbeck	W40	11	352	0:31:03	1:03:19	1:36:40	<b>2:10:35</b>	2:11:07	06:11
78	1783	Flach, Marianne	57	GER	Borbecker Raketen Essen/-	W60	1	357	0:33:45	1:06:46	1:39:38	<b>2:11:51</b>	2:12:27	06:14
79	1036	Bettray, Katja	83	GER	-/Emmerich	W30	12	361	0:32:12	1:04:58	1:38:55	<b>2:12:40</b>	2:13:21	06:17
80	1037	Heynen, Britta	88	GER	-/Emmerich	WHK	20	362	0:32:13	1:04:59	1:38:55	<b>2:12:41</b>	2:13:22	06:17
81	1169	Nösinger, Anja	83	GER	Laufen rund um Münster/Münster	W30	13	372	0:35:08	1:10:06	1:45:16	<b>2:20:47</b>	2:21:25	06:40
82	1085	Ahland, Andrea	71	GER	-/Mülheim An Der Ruhr	W45	11	375	0:35:40	1:10:51	1:46:10	<b>2:21:00</b>	2:21:23	06:41
83	1014	Bracht, Melanie	73	GER	-/Essen	W40	12	376	0:32:37	1:06:15	1:42:30	<b>2:21:03</b>	2:21:47	06:41
84	1092	Hack, Carmen	76	GER	-/Everswinkel	W40	13	378	0:33:48	1:08:05	1:43:38	<b>2:21:44</b>	2:22:17	06:43
85	1094	Dlugaj, Jessica	90	GER	-/Dortmund	WHK	21	379	0:33:49	1:08:05	1:43:39	<b>2:21:44</b>	2:22:17	06:43
86	1004	Kuhn, Elke	71	GER	LT Nauen-Falkensee/Nauen	W45	12	382	0:35:20	1:11:41	1:49:37	<b>2:24:16</b>	2:25:08	06:50
87	1850	Lössner, Silke	71	GER	TuS Homborg/-	W45	13	383	0:35:05	1:10:15	1:47:43	<b>2:26:24</b>	2:27:07	06:56
88	1207	Keller, Antje	69	GER	Laufen rund um Münster/Everswinkel	W45	14	384	0:34:50	1:10:47	1:48:19	<b>2:28:21</b>	2:29:01	07:01
89	1091	Espey, Marita	87	GER	-/Essen	W30	14	386	0:35:36	1:11:56	1:50:26	<b>2:30:16</b>	2:30:52	07:07
90	1377	Mertens, Sabine	72	GER	-/Mülheim-Kärlich	W45	15	387	0:35:24	1:11:46	1:50:43	<b>2:31:27</b>	2:32:15	07:10