

5. Essener Rhein-Herne-Kanal Marathon

Ergebnisse 02.05.2021

Ultramarathon 50Km

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|----|-------------------|-------------------|---------|
| 1. | Andreas Giersberg | FunVor Run Witten | 5:09:56 |
| 2. | Udo Kliche | Laufen in Lüdo | 5:37:56 |

Marathon 42,6Km

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|-----|--------------------------|--------------------------|---------|
| 1. | Michael Scheele | TUSEM Essen | 3:23:39 |
| | Danny Haesters | VfL Bergheide | 3:23:39 |
| 3. | Christian Mai | SV Haldern-Lauftreff | 4:24:11 |
| 4. | Olaf Schlösser | | 4:27:34 |
| 5. | Arno Müller | Die Ruhrpotts Dortmund | 4:58:03 |
| 6. | Ralf Schuster | TC Kray 1892 e.V. | 5:08:17 |
| 7. | Klaus-Peter Ulmschneider | 100 Marathon Club | 5:17:58 |
| 8. | Roland Leroi | LC Duisburg | 5:27:01 |
| 9. | Gerd Junker | 100 Marathon Club | 5:28:54 |
| 10. | Michael Klein | | 5:41:22 |
| 11. | Werner Kerkenbusch | VfL Bergheide / 100 MC | 6:04:39 |
| 12. | Volkmar Henke | 100 MC | 6:04:40 |
| 13. | Werner Britz | 100 MC / Ultraostfriesen | 7:43:44 |

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|----|------------------|-------------------|---------|
| 1. | Jenny Engler | DUV / SC Freiburg | 4:20:44 |
| 2. | Eva Gaszek | LSF Münster | 4:24:01 |
| 3. | Kerstin Nierhoff | | 4:27:34 |
| 4. | Birgit Jahn | TC Kray 1892 e.V. | 5:08:17 |
| 5. | Anja Reddert | 100 Marathon Club | 5:56:39 |

Halbmarathon 21,3Km

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|-----|----------------|-------------------|---------|
| 1. | Stefan Losch | TUSEM Essen | 1:26:32 |
| 2. | Patrick Zimmer | TRC Essen 84 | 1:32:53 |
| 3. | Ayhan Kural | TSV 1863 Herdecke | 1:42:09 |
| 4. | Daniel Zeppa | TSV 1863 Herdecke | 1:42:36 |
| 5. | Thorsten Kubas | TSV 1863 Herdecke | 1:43:03 |
| 6. | Frank Krause | LGO Bochum | 1:46:25 |
| 7. | Klaus Jacob | SuS Schalke 96 | 1:47:19 |
| 8. | Jens Ludwig | LGO Bochum | 1:50:29 |
| 9. | Falko Scheitza | LGO Bochum | 2:00:21 |
| 10. | Kevin Seifert | | 2:24:09 |
| 11. | David Hoffmann | | 2:24:35 |

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| 1. | Julia Sauer | | 2:26:44 |
| 2. | Wibke Harnischmacher | TC Kray 1892 e.V. | 2:45:20 |
| 3. | Sonja Knorr | Grend-Runner / Team Erdinger Alkoholfrei | 2:45:38 |

Diverses

| | | | |
|----------------|------------|--------------|---------|
| Laufen 14,2 KM | Gabi Gaida | Grend-Runner | 1:52.20 |
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Walking

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|----------------|--------------------|-------------------------------------|---------|
| Walking 21,3Km | Karl Roch | Laufbuch Ruhr.de/LC Duisburg/100 MC | 3:42:37 |
| | Petra Roch | Laufbuch Ruhr.de / LC Duisburg | 3:42:37 |
| Walking 11 Km | Stefan Rosenträger | LGO Bochum | 1:42:11 |
| Walking 7,1Km | Hanna Scheele | TUSEM Essen | 1:05:13 |
| | Jutta Scheele | TUSEM Essen | 1:05:13 |

Finisher

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Statistik – Distanzen

| Distanz -- Finisher | männlich | weiblich |
|---------------------|----------|----------|
| Ultramarathon | 2 | ---- |
| Marathon | 13 | 5 |
| 35,5 Km | ---- | ---- |
| Halbmarathon | 11 | 3 |
| 14,2 Km | ---- | 1 |
| 7,1 Km | ---- | ---- |
| Walking | | |
| 21,3 Km | 1 | 1 |
| 11 Km | 1 | ---- |
| 7,1 Km | 1 | 1 |
| Gesamt | 29 | 11 |

40 Finisher