

## 21. Essener Rhein-Herne-Kanal Marathon

### Ergebnisse

| Pl. | Snr. | Name | Nat. | Jg. | Verein | Zeit |
|-----|------|------|------|-----|--------|------|
|-----|------|------|------|-----|--------|------|

#### 50 Km Ultramarathon

##### Männlich

##### Männer

|     |    |                     |                                                                                   |      |                                           |          |
|-----|----|---------------------|-----------------------------------------------------------------------------------|------|-------------------------------------------|----------|
| 1.  | 55 | Janssen, Frank      |  | 1985 |                                           | 04:39:00 |
| 2.  | 5  | Hohmann, Frederik   |  | 1985 | Adler Langlauf Bottrop e. V. / Team Jesus | 04:51:26 |
| 3.  | 67 | Breer, Pater Tobias |  | 1963 | Projekt LebensWert / 100 MC               | 05:39:49 |
| 4.  | 30 | Scheele, Michael    |  | 1976 | TUSEM Essen / 100 MC                      | 05:47:36 |
| 5.  | 61 | Roch, Karl          |  | 1963 | LC Duisburg / 100 MC / Fuffi Crew         | 05:50:26 |
| 6.  | 2  | Giersberg, Andreas  |  | 1965 | FunVorRun Witten                          | 06:01:12 |
| 7.  | 1  | Haesters, Danny     |  | 1981 | VfL Bergheide 1919 e.V.                   | 06:18:51 |
| 7.  | 33 | Halaßek, Michael    |  | 1983 | Turboschnecken                            | 06:18:51 |
| 7.  | 66 | Derlich, Michael    |  | 1968 | Ruhrpottläufer & in                       | 06:18:51 |
| 10. | 14 | Leroi, Roland       |  | 1968 | LC Duisburg                               | 07:29:59 |

##### Weiblich

##### Frauen

|    |    |                      |                                                                                   |      |              |          |
|----|----|----------------------|-----------------------------------------------------------------------------------|------|--------------|----------|
| 1. | 54 | Vorstermanns, Gisela |  | 1961 | LG Ultralauf | 06:19:37 |
|----|----|----------------------|-----------------------------------------------------------------------------------|------|--------------|----------|

#### Marathon 42,6 Km

##### Männlich

##### Männer

|    |    |                |                                                                                     |      |                        |          |
|----|----|----------------|-------------------------------------------------------------------------------------|------|------------------------|----------|
| 1. | 8  | Vockel, Thomas |  | 1974 |                        | 03:57:33 |
| 2. | 62 | Willers, Arndt |  | 1967 | Laufspezies Bochum     | 04:01:16 |
| 3. | 82 | Roch, Peter    |  | 1995 |                        | 04:39:15 |
| 4. | 11 | Benkert, Ralph |  | 1970 |                        | 04:41:35 |
| 5. | 23 | Neumann, André |  | 1963 | GVG-Laufteam           | 05:12:36 |
| 6. | 51 | Müller, Arno   |  | 1957 | Die Ruhrpotts Dortmund | 05:45:44 |
| 7. | 20 | Szegan, Frank  |  | 1960 | MAKE EVERY DAY COUNT   | 06:57:35 |

#### 28,4 Km Zweidrittel-Marathon

##### Männlich

##### Männer

|    |    |                     |                                                                                     |      |             |          |
|----|----|---------------------|-------------------------------------------------------------------------------------|------|-------------|----------|
| 1. | 57 | Kotula, Thomas      |  | 1987 |             | 02:50:11 |
| 2. | 68 | Bachmann, Alexander |  | 1984 |             | 03:06:51 |
| 3. | 25 | Schmitz, Henning    |  | 1962 | LC Duisburg | 03:22:22 |

##### Weiblich

##### Frauen

|    |    |               |                                                                                     |      |                  |          |
|----|----|---------------|-------------------------------------------------------------------------------------|------|------------------|----------|
| 1. | 19 | Retzlik, Anke |  | 1965 | FunVorRun Witten | 03:29:33 |
|----|----|---------------|-------------------------------------------------------------------------------------|------|------------------|----------|

#### Halbmarathon 21,3 Km

##### Männlich

##### Männer

|    |    |              |                                                                                     |      |  |          |
|----|----|--------------|-------------------------------------------------------------------------------------|------|--|----------|
| 1. | 63 | Otten, Chris |  | 1996 |  | 02:13:13 |
|----|----|--------------|-------------------------------------------------------------------------------------|------|--|----------|

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|-----|------|---------------------|-----------------------------------------------------------------------------------|------|-------------------------|----------|
| 2.  | 65   | Führer, Ralf        |  | 1966 | LG Ultralauf            | 02:16:08 |
| 3.  | 81   | Lembeck, Thomas     |  | 1964 | Feuerwehr Essen         | 02:19:42 |
| 4.  | 76   | Hoeper, Florian     |  | 2001 | FunVorRun Witten        | 02:25:03 |
| 5.  | 75   | Brzuska, Michael    |  | 1969 | FunVorRun Witten        | 02:30:56 |
| 6.  | 83   | Schroer, Klaus      |  | 1963 |                         | 02:36:55 |
| 7.  | 71   | Thelke, Uwe         |  | 1964 | FunVorRun Witten        | 02:37:11 |
| 8.  | 78   | Plum, Jörn          |  | 1967 | FunVorRun Witten        | 02:37:13 |
| 9.  | 36   | Wengerski, Sven     |  | 1975 |                         | 02:51:47 |
| 10. | 35   | Binias, Jürgen      |  | 1960 | LC Duisburg             | 02:52:37 |
| 11. | 15   | Bartelt, Dieter     |  | 1961 | TUSEM Essen             | 02:54:15 |
| 12. | 12   | Kerkenbusch, Werner |  | 1947 | VfL Bergheide 1919 e.V. | 03:10:08 |

#### Weiblich

##### Frauen

|    |    |                       |                                                                                     |      |                      |          |
|----|----|-----------------------|-------------------------------------------------------------------------------------|------|----------------------|----------|
| 1. | 80 | Kalweit, Heike        |    | 1968 | TSV Viktoria Mülheim | 02:09:34 |
| 2. | 9  | Monadjem, Mona        |    | 1973 |                      | 02:24:00 |
| 3. | 77 | Klingenberg, Stefanie |    | 1970 | FunVorRun Witten     | 02:27:22 |
| 4. | 72 | Ortwein, Petra        |    | 1967 | FunVorRun Witten     | 02:37:13 |
| 5. | 13 | Raabe, Katharina      |    | 1972 | FunVorRun Witten     | 02:37:14 |
| 6. | 74 | Blaesing, Christa     |  | 1956 | FunVorRun Witten     | 02:38:08 |
| 7. | 70 | Eggelsmann, Nele      |  | 1991 | FunVorRun Witten     | 02:45:44 |
| 8. | 24 | Theunißen, Tanja      |  | 1974 | LC Duisburg          | 02:52:05 |

#### 14,2 Km Drittelmarathon

#### Männlich

##### Männer

|    |    |                 |                                                                                     |      |                               |          |
|----|----|-----------------|-------------------------------------------------------------------------------------|------|-------------------------------|----------|
| 1. | 58 | Brand, Simon    |  | 1993 |                               | 01:09:56 |
| 2. | 73 | Dix, Matthias   |  | 1958 | FunVorRun Witten              | 01:44:01 |
| 3. | 4  | Neujahr, Sascha |  | 1971 | Triathlon-Club-Essen 1984 e.V | 01:44:19 |

#### Weiblich

##### Frauen

|    |    |                        |                                                                                     |      |                               |          |
|----|----|------------------------|-------------------------------------------------------------------------------------|------|-------------------------------|----------|
| 1. | 3  | Neujahr, Sabine        |  | 1970 | Triathlon-Club-Essen 1984 e.V | 01:40:38 |
| 2. | 79 | Vossen-Klenke, Claudia |  | 1964 | FunVorRun Witten              | 01:48:04 |

#### 7,1 Km Kanalrunde

#### Männlich

##### Männer

|    |    |                  |                                                                                     |      |  |          |
|----|----|------------------|-------------------------------------------------------------------------------------|------|--|----------|
| 1. | 31 | Altmüller, Elias |  | 1991 |  | 00:37:30 |
|----|----|------------------|-------------------------------------------------------------------------------------|------|--|----------|

#### Weiblich

##### Frauen

|    |    |                 |                                                                                     |      |  |          |
|----|----|-----------------|-------------------------------------------------------------------------------------|------|--|----------|
| 1. | 28 | Stratmann, Lena |  | 1995 |  | 00:40:55 |
|----|----|-----------------|-------------------------------------------------------------------------------------|------|--|----------|

#### Walking 35,5 Km

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| Pl.                          | Snr. | Name                   | Nat.                                                                                | Jg.  | Verein                        | Zeit     |
|------------------------------|------|------------------------|-------------------------------------------------------------------------------------|------|-------------------------------|----------|
| Männlich                     |      |                        |                                                                                     |      |                               |          |
| Männer                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 29   | Klimt, Wolfgang        |    | 1952 | Stimbergopas Oer-Erkenschwick | 05:49:10 |
| Walking Halbmarathon 21,3 Km |      |                        |                                                                                     |      |                               |          |
| Weiblich                     |      |                        |                                                                                     |      |                               |          |
| Frauen                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 26   | Bergmann, Helga        |    | 1954 |                               | 03:51:39 |
| Walking 14,2 Km              |      |                        |                                                                                     |      |                               |          |
| Männlich                     |      |                        |                                                                                     |      |                               |          |
| Männer                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 6    | Thülig, Bernhard       |    | 1936 | VfL Bergheide 1919 e.V.       | 02:30:32 |
| Weiblich                     |      |                        |                                                                                     |      |                               |          |
| Frauen                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 21   | Scheele, Jutta         |   | 1975 | TUSEM Essen                   | 02:25:41 |
| 2.                           | 7    | Heitmann-Poeten, Carla |  | 1944 | VfL Bergheide 1919 e.V.       | 02:30:32 |
| 3.                           | 10   | Grozde, Helga          |  | 1944 | VfL Bergheide 1919 e.V.       | 02:33:01 |
| Walking 7,1 Km               |      |                        |                                                                                     |      |                               |          |
| Männlich                     |      |                        |                                                                                     |      |                               |          |
| Männer                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 39   | Janczak, Carsten       |  | 1971 | Erdinger Active Team          | 01:06:24 |
| Weiblich                     |      |                        |                                                                                     |      |                               |          |
| Frauen                       |      |                        |                                                                                     |      |                               |          |
| 1.                           | 34   | Halaßek, Jennifer      |  | 1985 | Turboschnecken                | 01:57:09 |