



Ergebnisse Männer

Platz	St-Nr.	Name	JG	NAT	Verein	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
1	1001	Graute, Matthias	83	GER	TRC Essen 84	MH	1	1	0:16:32	0:33:29	0:50:31	1:07:11	1:07:13	03:11
2	1004	Ritterswürden, Marc	77	GER	TUSEM Essen	M30	1	2	0:18:50	0:37:29	0:56:13	1:14:27	1:14:30	03:31
3	1003	Yilmaz, Muharrem	70	TUR	Ayyo Team Essen e.V.	M40	1	3	0:18:50	0:37:31	0:56:14	1:15:06	1:15:08	03:33
4	1302	Eisenberg, Matthias	63	GER	MTG Horst Essen	M45	1	4	0:20:38	0:41:25	1:02:23	1:23:29	1:23:32	03:57
5	1190	Sabelek, Armin	63	GER	MTG Horst Essen	M45	2	5	0:21:41	0:43:51	1:05:44	1:27:25	1:27:28	04:08
6	1128	Seegenschmiedt, Heinrich	55	GER	TUSEM Essen	M55	1	6	0:21:47	0:43:39	1:05:41	1:27:58	1:28:05	04:10
7	1299	Brinkmann, Wolfgang	51	GER	MTG Horst Essen	M60	1	7	0:21:43	0:43:47	1:06:29	1:28:43	1:28:58	04:12
8	1253	Rodriguez-Baena, Rafael	69	GER	TC Kray 1892	M40	2	8	0:22:17	0:44:42	1:07:26	1:30:34	1:30:43	04:17
9	1251	Schuster, Ralf	61	GER	TC Kray 1892	M50	1	9	0:22:37	0:45:18	1:08:28	1:31:41	1:31:52	04:20
10	1305	Liebchen, Peter	60	GER	LAV Essen/Werdener TB	M50	2	11	0:23:18	0:46:20	1:09:24	1:32:18	1:32:34	04:22
11	1604	Kilicarslan, Fikret	61	TUR	Ayyo Team Essen e.V.	M50	3	12	0:21:56	0:44:27	1:08:42	1:32:58	1:33:02	04:24
12	1655	Klaus, Harald	47	GER	LAV Essen/Werdener TB	M60	2	14	0:22:50	0:46:09	1:10:33	1:34:59	1:35:09	04:30
13	1255	Wittoesch, Stephan	76	GER	TC Kray 1892	M35	1	15	0:22:11	0:44:53	1:09:28	1:35:04	1:35:11	04:30
14	1254	Fuchs, Volker	58	GER	TC Kray 1892	M50	4	16	0:22:53	0:46:10	1:10:37	1:35:58	1:36:08	04:32
15	1303	Teuber, Michael	67	GER	MTG Horst Essen	M40	3	17	0:22:00	0:44:36	1:09:38	1:36:35	1:36:40	04:34
16	1219	Döring, Peter	59	GER	TLV Germania Überraehr	M50	5	19	0:24:35	0:49:36	1:15:35	1:42:09	1:42:22	04:50
17	1606	Woiwode, Robin	79	GER	Ayyo Team Essen e.V.	M30	2	24	0:29:02	0:57:58	1:26:46	1:54:43	1:55:24	05:26
18	1177	Kowalsky, Paul	35	GER	Gerscheder SV Essen	M75	1	26	0:33:13	1:05:43	1:39:40	2:12:29	2:13:01	06:16



Halbmarathon
Kreismeisterschaft

Ergebnisse Frauen

Platz	St-Nr.	Name	JG	NAT	Verein	AK	AK-Pl.	Pos	1.Wende	2.Wende	3.Wende	Netto	Brutto	M/km
1	2362	Spicker, Ute	61	GER	Team-Essen 99	W50	1	10	0:21:54	0:44:14	1:07:45	1:32:14	1:32:22	04:22
2	1622	Demi, Ümran	72	TUR	Ayyo Team Essen e.V.	W35	1	13	0:22:57	0:45:47	1:09:42	1:33:50	1:33:53	04:26
3	1603	Büttner, Melanie	74	GER	Ayyo Team Essen e.V.	W35	2	18	0:24:10	0:48:43	1:13:59	1:39:11	1:39:26	04:42
4	1257	Lymann, Jessica	80	GER	TC Kray 1892	W30	1	20	0:26:04	0:52:21	1:19:12	1:45:15	1:45:26	04:59
5	1247	Sult, Barbara	53	GER	TC Kray 1892	W55	1	21	0:26:04	0:52:20	1:19:17	1:46:20	1:46:32	05:02
6	1250	Stützer, Kerstin	73	GER	TC Kray 1892	W35	3	22	0:27:13	0:54:39	1:22:25	1:49:55	1:50:06	05:12
7	1368	Michel, Ronja	91	GER	TLV Germania Überruhr	WH	1	23	0:26:40	0:54:07	1:22:50	1:52:13	1:52:27	05:19
8	1246	Steeg, Claudia	66	GER	TC Kray 1892	W45	1	25	0:29:04	0:57:35	1:28:02	1:58:19	1:58:31	05:36